



# Trauma-Focused Cognitive Behavioral Therapy

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is a research supported intervention model developed by Cohen, Mannarino, and Deblinger for children aged 3-18 who are experiencing significant emotional and behavioral difficulties related to traumatic life events. TF-CBT has proven to be effective in improving PTSD symptoms, depression, anxiety, externalizing behaviors, feelings of shame, and mistrust. Therapists who attend this training will learn to identify appropriate cases for TF-CBT and will learn to deliver the treatment components in a way that is faithful to the model but allows for flexibility and creativity.

This **FREE TRAINING** is available to one therapist from each county in West Virginia who:

1. Is currently or willing to providing mental health services on site at schools
2. Has a Master's degree and is license eligible in psychology, counseling or social work.
3. Committed to participating with the Handle with Care Program
4. Is not presently certified in Trauma-Focused Cognitive Behavior Therapy

## Program Requirements:

**Over the course of a year, participants in this training must:**

- Complete 10 hour TF-CBT webinar before the initial 2-day training
- Attend 2-day initial in-person training on May 10-11, 2018
- Complete 9 follow-up supervisory consultation calls with the trainer

**Initial in-person training dates May 10-11, 2018**

**Parkersburg Arts Center**

**Parkersburg, WV**

**May 10th from 10:00am - 5:00pm**

**May 11th from 8:30am - 4:30pm**



**Harmony**

# Trauma-Focused Cognitive Behavioral Therapy Training Academy

## REGISTRATION FORM

*Prerequisites: Master's degree in the mental health field or student intern in an accredited graduate program.*

<b>Name:</b>	
<b>Title:</b>	<b>Discipline:</b>
<b>License:</b>	<b>County:</b>
<b>Organization:</b>	
<b>Address:</b>	
<b>Phone:</b>	<b>Email:</b>

### PARTICIPANT AGREEMENT

*This training is being provided at no cost to participants to ensure that there are TF-CBT trained providers to serve children in West Virginia. Therefore, we ask participants for a serious commitment to complete the full training academy and implement the TF-CBT model with child clients in their service areas.*

*Barring any extenuating circumstances, I agree to participate in this training according to the expectations outlined in the program requirements.*

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*Participant Signature*

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*Supervisor Signature*

Prior to the training, please go to [www.musc.edu/tfcbt2](http://www.musc.edu/tfcbt2) and complete the 10 hour webinar.

Submit completed form via email or mail to:

Email: [Andrea.L.Darr@wvsp.gov](mailto:Andrea.L.Darr@wvsp.gov)

Mail: WV Center for Children's Justice

WV State Police Academy, PDC Building, 123 Academy Drive, Dunbar, WV 25064